

Core theme	Created to Live in Community		Created and Loved by God	Created to Love Others		Created to Live in Community
Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
F1	School + class rules. Hello Hello – To say hello	Handmade with love I am me Head, shoulder, knees + toes Ready teddy Mommy, Mama and Me – To celebrate my family	I like, you like, we all like Good feelings, bad feelings Let's get real Growing up	Role model Who's who? You've got a friend in me Forever friends Red Rockets and Rainbow Jelly – It's OK to like different things	Safe inside and out My body, my rules Feeling poorly People who help us	God is love Loving God, loving others Me, you, us.
F2	School + class rules. Democracy – school council elections.	Handmade with love I am me Head, shoulder, knees + toes Ready teddy The Family Book – All families are different.	I like, you like, we all like Good feelings, bad feelings Let's get real Growing up You Choose – I can choose what I like.	Role model Who's who? You've got a friend in me Forever friends Blue Chameleon – To make a new friend.	Safe inside and out My body, my rules Feeling poorly People who help us	God is love Loving God, loving others Me, you, us.
Year 1	<ul style="list-style-type: none"> School + class rules – To know the 3 school rules. To know what they look like in practice. Democracy – To know what a democratic election is like. To know who their school council representatives are. Want to Play Trucks? – To find ways to play together. 	<ul style="list-style-type: none"> Let the children come + I am unique – Know that God has created us to know, love + serve him. To know that we are unique with individual gifts, talents + skills. Girls and boys – To know that girls and boys have been created to be both similar + different. Clean + healthy – To know what constitutes a healthy lifestyle including; physical activity, dental health, healthy eating + the importance of asleep. Elmer – I like the way I am. 	<ul style="list-style-type: none"> Feelings, likes + dislikes – Know that we all have different tastes but also similar needs. Feeling inside out – Know that feelings + actions are 2 different things and that our good actions can form our feelings + character. Super Suzie gets angry – Know simple strategies for managing feelings + behaviour. Know that choices have consequences. The cycle of life – Know that there are natural life stages from birth to death. Going to the Volcano – To join in. 	<ul style="list-style-type: none"> God loves you – Know that Jesus cared for others and had expectations of us and how we should act. Special people – To identify 'special people' and what makes them special. To know about our families. Treat others well... - Know how our behaviour affects other people. Know that there is an appropriate and inappropriate behaviour. ...And say sorry – Know that we are sometimes unkind + how to say sorry. Hair, It's a Family Affair – Proud to be me. 	<ul style="list-style-type: none"> Being safe – Know about what is + isn't safe about being online. Know who to talk to if they feel unsafe or uncomfortable. Good secrets and bad secrets – To know about secrets + to know how to resist pressure if feeling unsafe. Physical contact – To know we are entitled to bodily privacy. To know there are different people we can trust + ask for help. Harmful substances – Know that medicines are drugs but not all drugs are good for us. Know that alcohol + tobacco are harmful substances. Can you help me? – Know to call 999 in an emergency. Know how to administer basic first aid. Errol's Garden – To work together. Keeping safe at home – Know about the dangers of household products. 	<ul style="list-style-type: none"> Three in one – Know about the holy trinity. Who is my neighbour? – To know what a community is + that God calls us to live in community. The communities we live in – To know that we belong to various communities. Know that we have a duty to care for others + the world we live in. My World, Your World – I share the world with lots of people. Money – Know where money comes from + how to use it – saving and spending.
Year 2	<ul style="list-style-type: none"> School + class rules – To know the 3 school rules. To know what they look like in practice. Democracy – To know what a democratic election is like. To know who their school council representatives are. Can I Join Your Club? – To welcome different people. 	<ul style="list-style-type: none"> Let the children come + I am unique – Know that God has created us to know, love + serve him. To know that we are unique with individual gifts, talents + skills. Girls and boys – To know that girls and boys have been created to be both similar + different. Clean + healthy – To know what constitutes a healthy lifestyle including; physical activity, dental health, healthy eating + the importance of asleep. How to be a Lion – To have self-confidence. 	<ul style="list-style-type: none"> Feelings, likes + dislikes – Know that we all have different tastes but also similar needs. Feeling inside out – Know that feelings + actions are 2 different things and that our good actions can form our feelings + character. To know how to listen to others + play cooperatively. To know that it is wrong to tease + bully. Super Suzie gets angry – Know simple strategies for managing feelings + behaviour. Know that choices have consequences. 	<ul style="list-style-type: none"> God loves you – Know that Jesus cared for others and had expectations of us and how we should act. Special people – To identify 'special people' and what makes them special. To know about our families. Treat others well... - Know how our behaviour affects other people. Know that there is an appropriate and inappropriate behaviour. ...And say sorry – Know that we are sometimes unkind + how to say sorry. 	<ul style="list-style-type: none"> Being safe – Know about what is + isn't safe about being online. Know who to talk to if they feel unsafe or uncomfortable. Good secrets and bad secrets – To know about secrets + to know how to resist pressure if feeling unsafe. Physical contact – To know we are entitled to bodily privacy. To know there are different people we can trust + ask for help. To know the difference between appropriate + inappropriate touch. 	<ul style="list-style-type: none"> Three in one – Know about the holy trinity. Who is my neighbour? – To know what a community is + that God calls us to live in community. The communities we live in – To know that we belong to various communities. Know that we have a duty to care for others + the world we live in. The Great Big Book of Families – To understand what diversity is. Money – To know where money comes from. To know we can save + spend money. To

		<ul style="list-style-type: none"> • All Are Welcome – To know I belong. 	<ul style="list-style-type: none"> • The cycle of life – Know that there are natural life stages from birth to death. • What the Jackdaw Saw – To communicate in different ways. 	<ul style="list-style-type: none"> • Amazing – To think about what makes a good friend. 	<ul style="list-style-type: none"> • Harmful substances – Know that medicines are drugs but not all drugs are good for us. Know that alcohol + tobacco are harmful substances. • Can you help me? – Know to call 999 in an emergency. Know how to administer basic first aid. 	<p>understand that we need to keep track of what we spend + save.</p>
Year 3	<ul style="list-style-type: none"> • School + class rules – To know the 3 school rules. To know what they look like in practice. To understand responsibilities, rights + duties to the school + wider community. • Democracy – To know what a democratic election is like. To know who their school council representatives are. • Beegu – To be welcoming. • Planet Omar: Accidental Trouble Magnet – To consider living in Britain today. 	<ul style="list-style-type: none"> • Get up! – To know we are created individually by God created in his own image + likeness. • The sacraments – To know that by regularly receiving the sacrament of reconciliation we grow in good deeds. • We don't have to be the same – Know that similarities + differences between people arise as they grow + make choices + that by living + working together we create community. • Respecting our bodies – Know that we need to respect + look after our bodies. • This Is Our House – To understand what discrimination. • The Truth About Old People – To recognise a stereotype. 	<ul style="list-style-type: none"> • What am I feeling? – Know that emotions change as we grow. Know what emotional wellbeing means. • What am I looking at? – Know that images in the media do not always reflect reality + can affect how we feel about ourselves. • I am thankful – Know what we are good at + set goals for our future. Know some behaviour is wrong, unacceptable, unhealthy + risky. Know that we can build self-esteem to resist outside pressure from peers + the media. • Healthy eating – Know what makes a balanced diet. Know what influences their food choices. 	<ul style="list-style-type: none"> • Jesus my friend – Know the importance of forgiveness + reconciliation in relationships. • Friends, family + others – Know how to maintain + develop good relationships. Know that there are different types of relationships. • When things feel bad – Know about bullying including cyber-bullying. Know that all bullying is wrong. Know about harassment + exploitation in relationships. • We're All Wonders – To understand what a bystander is. 	<ul style="list-style-type: none"> • Sharing online – Know that increasing independence bring increased responsibility to keep themselves + others safe. Know how to use technology safely. • Chatting online – Know how to use technology safely. Know that bad language + bad behaviour are unacceptable. Know how to report + get help if they encounter inappropriate material or messages. • Safe in my body – Know what kind of physical contact is acceptable or unacceptable + know how to respond. Know there are different people we can trust for help. • Drugs, alcohol + tobacco – Know that medicines are drugs but not all drugs are good for us. Know drugs and alcohol are bad for us. • First aid heroes – Know what to do in an emergency by using their first aid knowledge. 	<ul style="list-style-type: none"> • A community of love – Know God is love as shown by the trinity. • What is the church? – Know the church family comprises of home, school + parish. • How do I love others? – To know that God wants his church to love + care for others. Know there are practical ways to love + care for others. • The Hueys in the New Jumper – To recognise and help an outsider. • Enterprise – Know what it means + developing skills in enterprise.
Year 4	<ul style="list-style-type: none"> • School + class rules – To know the 3 school rules. To know what they look like in practice. To understand responsibilities, rights + duties to the school + wider community. • Democracy – To know what a democratic election is like. To know who their school council representatives are. • Aalfred and Aalbert – To find common ground. 	<ul style="list-style-type: none"> • We don't have to be the same – Know that similarities + differences between people arise as they grow + make choices + that by living + working together we create community. Appreciate difference and diversity in the UK and around the world. • Respecting our bodies – Know that we need to respect + look after our bodies. • *What is puberty? – Know what the term puberty means. Know what to expect when puberty takes place. • *Changing bodies – Know the correct names of genitalia. Know what changes will happen to boys + girls during puberty + *Boy/girl discussion groups • Along Came A Different – To help someone accept difference. 	<ul style="list-style-type: none"> • What am I feeling? – Know that emotions change as we grow. Know what emotional wellbeing means. • What am I looking at? – Know that images in the media do not always reflect reality + can affect how we feel about ourselves. • I am thankful – Know what we are good at + set goals for our future. Know some behaviour is wrong, unacceptable, unhealthy + risky. Know that we can build self-esteem to resist outside pressure from peers + the media. • *Life cycles – Know how a baby grows + develops in its mother's womb including the moment of conception. • Julian is a Mermaid – To show acceptance. 	<ul style="list-style-type: none"> • Jesus my friend – Know the importance of forgiveness + reconciliation in relationships. • Friends, family + others – Know how to maintain + develop good relationships. Know that there are different types of relationships. • When things feel bad – Know about bullying including cyber-bullying. Know that all bullying is wrong. Know about harassment + exploitation in relationships. Know what to do when others put pressure on us to do inappropriate things such as dares, how to manage this + ask for help. Know how to solve disputes and conflicts amongst peers. • When Sadness Comes to Call – To look after my mental health. 	<ul style="list-style-type: none"> • Sharing online – Know that increasing independence bring increased responsibility to keep themselves + others safe. Know how to use technology safely. • Chatting online – Know how to use technology safely. Know that bad language + bad behaviour are unacceptable. Know how to report + get help if they encounter inappropriate material or messages. • Safe in my body – Know what kind of physical contact is acceptable or unacceptable + know how to respond. Know there are different people we can trust for help. • Drugs, alcohol + tobacco – Know that medicines are drugs but not all drugs are good for us. Know drugs and alcohol are bad for us. 	<ul style="list-style-type: none"> • A community of love – Know God is love as shown by the trinity. • What is the church? – Know the church family comprises of home, school + parish. • How do I love others? – To know that God wants his church to love + care for others. Know there are practical ways to love + care for others. • Red: A Crayon's Story – To be proud of who I am. • Money – Know the role of money + how to manage it. Know we can save + budget + know what is meant by interest and loan.

					<ul style="list-style-type: none"> • Hygiene – Know about bacteria + viruses + how good hygiene can keep us well. • First aid heroes – Know what to do in an emergency by using their first aid knowledge. • Dogs Don't Do Ballet – To choose when to be assertive. 	
Year 5	<ul style="list-style-type: none"> • School + class rules – To know the 3 school rules. To know what they look like in practice. To understand responsibilities, rights + duties to the school + wider community. To know there are rules + laws of British society. To know about anti-social behaviour + respecting differences + resolving conflict. • Democracy – To know what a democratic election is like. To know who their school council representatives are. • The Girls – To explore friendship. 	<ul style="list-style-type: none"> • Calming the storm – Know becoming an adult is a natural phase of life. • Gifts + talents – Know that similarities + differences arise in people as they grow + mature + that by living + working together we create community. • Girls' bodies – Know about the unique growth + development of humans + the changes that girls will experience during puberty. Know the need for modesty + appropriate boundaries. • Boys' bodies - Know about the unique growth + development of humans + the changes that boys will experience during puberty. Know the need for modesty + appropriate boundaries. • Healthy diet – To know the benefits of a balanced diet. • Spots + sleep – Know how to make good choices that have a positive impact on their health + wellbeing. 	<ul style="list-style-type: none"> • Body image – Know that images in the media do not always reflect reality + can affect how people feel about themselves. • Peculiar feelings – Know + understand the range + intensity of their feelings. Know that some behaviour is wrong, unhealthy or risky. • Emotional changes – Know emotions change as we grow up. Know about emotional wellbeing. • Seeing stuff online – Know the difference between harmful + harmless videos + images. Know the impact that harmful images + videos can have on young minds. • *Menstruation – Know the nature + role of menstruation in the fertility cycle. Know that fertility is involved in the start of life. • Kenny Lives With Erica and Martina – To consider consequences. 	<ul style="list-style-type: none"> • Is God calling you? – Know that God calls us to love others. • Under pressure – Know that pressure comes in different forms + know what those different forms are. Know that there are strategies that they can adopt to resist pressure. • Do you want a piece of cake? – Know what consent + bodily autonomy means. Know when to say no. • Self-talk – Know how thoughts + feelings impact on actions + develop strategies that will positively impact their actions. • How to Heal a Broken Wing – To recognise when someone needs help. • And Tango Makes Three – To exchange dialogue and express an opinion. 	<ul style="list-style-type: none"> • Sharing isn't always caring – Know that increasing independence brings increased reasonability to be safe. Know how to use technology safely. Know how to report + get help if they encounter inappropriate messages + message online. • Cyberbullying – Know what cyberbullying means. Know how it feels for the victim. Know how to get help with cyberbullying. • Types of abuse – Know what kind of physical contact is acceptable or unacceptable. Know that there are different people we can trust for help. • Impacted lifestyles – Know the effect that a range of substances including; drugs, alcohol + tobacco can have on the body. Know how to make good choices about substances. • Making good choices – Know how they may come under pressure when it comes to drugs, alcohol + tobacco. Know that they can say 'No!' • Giving assistance – Know that the recovery position can be used when a person is unconscious. Know how to treat life threatening conditions in order of importance. • Mixed – To consider responses to racist behaviour. 	<ul style="list-style-type: none"> • The trinity – Know that the Holy Spirit works through us to bring God's love to others. • Catholic social teaching – Know the principles of Catholic social teaching. • Reaching out – Know how to apply the principle of Catholic social teaching to current issues. • Rose Blanche – To justify my actions. • Transition – Know how to cope with change and transition. • Money – Know the importance of finance in people's lives + being a critical consumer. Know how to look after money + know about interest, loan, debt management of money + tax.
Year 6	<ul style="list-style-type: none"> • School + class rules – To know the 3 school rules. To know what they look like in practice. To understand increased responsibilities, independence, expectations, rights + duties to the school + wider community. Know about Human rights, the rights of a child, cultural practices and British law. • Democracy – To know what a democratic election is like. To 	<ul style="list-style-type: none"> • Calming the storm – Know becoming an adult is a natural phase of life. • Gifts + talents – Know that similarities + differences arise in people as they grow + mature + that by living + working together we create community. • Girls' bodies – Know about the unique growth + development of humans + the changes that girls will experience during 	<ul style="list-style-type: none"> • Body image – Know that images in the media do not always reflect reality + can affect how people feel about themselves. • Peculiar feelings – Know + understand the range + intensity of their feelings. Know that some behaviour is wrong, unhealthy or risky. • Emotional changes – Know emotions change as we grow up. 	<ul style="list-style-type: none"> • Is God calling you? – Know that God calls us to love others. • Under pressure – Know that pressure comes in different forms + know what those different forms are. Know that there are strategies that they can adopt to resist pressure. Know what to do when others put pressure on us to do inappropriate things such as dares, how to manage this + ask 	<ul style="list-style-type: none"> • Sharing isn't always caring – Know that increasing independence brings increased reasonability to be safe. Know how to use technology safely. Know how to report + get help if they encounter inappropriate messages + message online. • Cyberbullying – Know what cyberbullying means. Know how it feels for the victim. Know how to get help with cyberbullying. 	<ul style="list-style-type: none"> • The trinity – Know that the Holy Spirit works through us to bring God's love to others. • Catholic social teaching – Know the principles of Catholic social teaching. Know how resources are allocated + the effect of this on individuals + environments. • Reaching out – Know how to apply the principle of Catholic social teaching to current issues.

	<p>know who their school council representatives are.</p> <ul style="list-style-type: none"> • The Only Way is Badger – To consider language and freedom of speech. • A Day in the Life of Marlon Bundo – To consider democracy. • Enterprise - set up an enterprise challenge. 	<p>puberty. Know the need for modesty + appropriate boundaries.</p> <ul style="list-style-type: none"> • Boys' bodies - Know about the unique growth + development of humans + the changes that boys will experience during puberty. Know the need for modesty + appropriate boundaries. • Spots + sleep – Know how to make good choices that have a positive impact on their health + wellbeing. • Introducing Teddy – To show acceptance. 	<p>Know about emotional wellbeing.</p> <ul style="list-style-type: none"> • Seeing stuff online – Know the difference between harmful + harmless videos + images. Know the impact that harmful images + videos can have on young minds. • *Making babies (Part 1) – Know how a baby grows + develops in its mother's womb. • *Making babies (Part 2) – Know the basic scientific facts about sexual intercourse between a man and a woman. Know the physical, emotional, moral + spiritual implications of sexual intercourse. To know the roles and responsibilities of parents. • *Menstruation – Know the nature + role of menstruation in the fertility cycle. Know that fertility is involved in the start of life. 	<p>for help. Know how to solve disputes and conflicts amongst peers. Know about confidentiality and when to break a confidence.</p> <ul style="list-style-type: none"> • Do you want a piece of cake? – Know what consent + bodily autonomy means. Know when to say no. • Self-talk – Know how thoughts + feelings impact on actions + develop strategies that will positively impact their actions. • Relationships – Know about different types of relationships + how to maintain a relationship. Recognise when a relationship is unhealthy (including forced marriage) and when it is committed + loving (including marriage). • King of the Sky – To consider responses to immigration • Leaf – To overcome fears about difference 	<ul style="list-style-type: none"> • Types of abuse – Know what kind of physical contact is acceptable or unacceptable. Know that there are different people we can trust for help. • Impacted lifestyles – Know the effect that a range of substances including; drugs, alcohol + tobacco can have on the body. Know how to make good choices about substances. • Making good choices – Know how they may come under pressure when it comes to drugs, alcohol + tobacco. Know that they can say 'No!' • Giving assistance – Know that the recovery position can be used when a person is unconscious. Know how to treat life threatening conditions in order of importance. • The Island – To consider causes of racism 	<ul style="list-style-type: none"> • Discrimination – Know how to recognise + challenge stereotypes, discrimination + bullying.
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